# Laborers' Local 177 Basic Information for Members

Address: 3400 E Euclid Ave, Suite A, Des Moines, IA 50317 Phone: 515-265-2558 Office Hours: 7:00 am – 4:30 pm Monday-Friday

Check out our Facebook and website to stay informed! <a href="www.facebook.com/LaborersLocal177">www.facebook.com/LaborersLocal177</a> and <a href="www.Laborers177.com">www.Laborers177.com</a>.

# Oath of Membership:

"As a member of the Laborers' International Union of North America and of this Local Union, you promise to be active in its affairs, loyal to its cause and purpose, and obedient to your constitutional obligations and responsibilities. You promise to fight for the cause of all working men and women in the United States and Canada. On the Union's behalf, you will regularly attend Union meetings and volunteer your time as an organizer, on picket lines, at rallies, in political activities and in local charities or community activities. All this you solemnly promise, so help you God."

# Monthly Union Meetings:

6:30 pm the first Thursday of each month at the Union Hall. You must be current on your dues to attend and Vote on wages or Officer Elections. Apprentices get credit for attending Monthly Membership Meetings.

# Monthly Dues and Initiations:

The monthly dues are due on the first of the month and unless paid on or before the last day of the following month, the member shall be deemed suspended by the International Union without notice.

You can pay with cash, check, money order, or credit card. If you use a credit card, there is a \$2 fee. You can also pay on our website once you are an "active" member in good standing. Once you receive your Union card you are Active. Working Dues are taken out of your check by your employer when you are working. It is your responsibility to make sure your Monthly Dues and Initiations are current. Some Heavy Highway Contractors will deduct your Monthly Dues and Initiations out of your paycheck when you are working. They will not deduct when you are laid off, it is your responsibility to pay your dues when you are laid off. If you are a Veteran, please let us know as your Initiations can be waived.

## Out of Work List / Referral List:

If you get laid off, call or come in the hall to be placed the Referral List. As a hiring hall, we may be able to place in a job with another contractor.

When you get laid off file for unemployment with Iowa Workforce Development. If you have experienced issues with discrimination and/or harassment, please contact Iowa Workforce Development.

# **Activities and Events:**

We do many things throughout the year including participating in the Labor Day Parade, Health Fair, and Holiday Party. We also are very active in Politics and always need volunteers.

S.O.U.L. (Sisters of Union Laborers') Holds an Annual Easter Egg Hunt for Members and their families. S.O.U.L. also offers a Scholarship each year.

# Construction and Public Employee LIUNA Local #177

3400 East Euclid Ave, Suite A, Des Moines IA 50317 Phone: 515-265-6131 Fax: 515-265-5665

Business Manager: Mike Weckman

# **Iowa Laborers' Education & Training Trust Fund**

1707 N 14th St Indianola, IA 50125 Office: 1-515-270-6965

Brandy Ext 209

# Laborers' National Pension Fund 1-877-233-5673

\*Questions Regarding Pension and Retirement

# **BMGI – Benefits Management Group Inc.** 1-319-365-2810

Betsy: 401, HRA: 402, Short Term Disability: 404

\*Questions Regarding Hours, Eligibility, Health, Dental, Vision, and Hearing Coverage

**Blue Cross Blue Shield (Group #36650)** 1-800-524-9242

SAV-RX - Prescription (Group #IALABOR) 1-800-228-3108

**Delta Dental of Illinois** (Group #20330) 1-800-323-1743

# LIFE INSURANCE AND ACCIDENTAL DEATH & DISMEMBERMENT POLICIES

Health & Welfare BMGI \$10,000 Life Insurance Policy Active Members Eligible in BMGI Only (not Retirees) 1-319-365-2810

American Income Life \$3,500 Accidental Death & Dismemberment Policy #SGHDE All Active Members and Retirees 1-866-797-6455

Ullico \$2,000 Life Insurance Policy and \$2,000 Accidental Death & Dismemberment Policy #G-3254 / C-4518 All Active Members and Retirees 1-202-962-8978 We have claims paperwork at the Union Hall

LiUNA \$20,000 Accidental Death & Dismemberment Policy  $\#59\text{-}\mathrm{ADD}\text{-}\mathrm{S01211}$ 

All active Members and Retirees

To file a claim, call the Union Hall at 515-265-2558

- Add \$2,000.00 for wearing seatbelt.
- Adaptive Home and Vehicle Benefit \$600.00 if your injury results in a loss other than death, alterations to your automobile or residence.
- Education Benefit- \$600.00 for each child during the last year of high school and 4 years thereafter if child is enrolled full time.
- Dismemberment- the principal coverage or lesser amount depending on loss Severity of loss ex: 1 arm = 1/2 of policy.



# LABORERS' NATIONAL PENSION FUND

# CONTACT

Laborers' National Pension Fund 14140 Midway Road STE 105 Dallas, Texas 75380

#### Call:

1-877-233-5673 or 1-972-233-4458

# Fax:

1-972-233-3026 Website: www.lnpf.org

# **APPRENTICES**

Employers start paying into Pension once you reach Apprentice III.

Building and Abatement Contracts only. Heavy Highway Contracts pay full fringe benefits.

# **BASIC INFORMATION**

- -WHEN YOU WORK 1000 HOURS OR MORE IN A CALENDAR YEAR YOU WILL EARN A PENSION CREDIT. YOU CAN ALSO EARN PARTIAL CREDITS IF YOU DO NOT WORK 1000 IN THE CALENDAR YEAR.
- -YOU WILL BE VESTED ONCE YOU'VE EARNED 5 CREDIT YEARS (WHEN YOU ARE VESTED THE BENEFIT BELONGS TO YOU AT THE TIME OF YOUR RETIREMENT)
- -HOW IT WORKS: FOR EVERY HOUR WORKED YOUR EMPLOYER CONTRIBUTES A DEFINED HOURLY RATE, WHICH IS NEGOTIATED BETWEEN EMPLOYEES AND EMPLOYERS, TO YOUR PENSION.
- -IT IS A DEFINED BENEFIT PLAN WHICH PROVIDES MONTHLY FIXED BENEFITS FOR THE LIFE OF THE PENSIONER AND HIS/HER SPOUSE
- -LNPF IS AFFILIATED WITH LABORERS' INTERNATIONAL UNION OF NORTH AMERICA IN 20 STATES.
- -LNPF IS GOVERNED BY BOARD OF TRUSTEES WHICH IS MADE UP OF UNION REPRESENTATIVES AND CONTRACTOR REPRESENTATIVES.
- -CREATE AN ACCOUNT AT WWW.LNPF.ORG TO STAY INFORMED.
- -START THE PROOCESS WITH LNPF 6 TO 8 MONTHS PRIOR TO RETIREMENT DATE.



# BENEFITS MANAGEMENT GROUP INC. IOWA LABORERS' HEALTH AND WELFARE FUND

# **CONTACT**

# Benefits Management Group Inc.

150 1st Ave NE Ste 450 Cedar Rapids, IA 52401-1115

#### Call:

319-365-2810 General Questions Ext 401 HRA Ext 402 Short Term Disability Ext 404 Fax: 319-365-1043

# **APPRENTICES**

Requires 600 hours of work after you reach Apprentice II for Single H&W. You can add Spouse and Dependents after you reach Apprentice III.

Building and Abatement Contracts only. Heavy Highway Contracts pay full fringe benefits.

# **BASIC INFORMATION**

- -WELLMARK BLUE PPO NETWORK
- -BlueCross BlueShield
- -Delta Dental of Illinois
- -SAV-RX
- -REQUIRES 600 HOURS OF WORK TO BECOME ELIGIBLE. UPON ELIGIBLITY YOUR INSURANCE CARDS WILL BE MAILED TO YOU.
- -REQUIRES 375 WORK HOURS PER QUARTER TO MAINTAIN ELIGIBILITY. HOURS WORKED IN EXCESS OF 375 WILL BE APPLIED TO AN "HOUR BANK", THIS WILL HELP MAINTAIN ELIGIBILITY DURING A LAY-OFF. (HOUR BANKS CAN HAVE UP TO 750 HRS = 6 MONTHS OF COVERAGE)
- -IF YOUR BENEFITS ARE TERMINATED, 600 HOURS ARE REQUIRED TO REACH ELIGIBILITY AGAIN.
- -HEALTH BENEFIT COVERS YOU, SPOUSE, AND DEPENDENTS
- -HOW IT WORKS: FOR EVERY HOUR YOU WORK YOUR EMPLOYER CONTRIBUTES A DEFINED HOURLY RATE, NEGOTIATED BETWEEN EMPLOYEES AND EMPLOYERS, TO YOUR INSURANCE PLAN FUND.
- -IOWA LABORERS' HEALTH AND WELFARE IS GOVERNED BY A BOARD OF TRUSTEES WHICH IS MADE UP OF UNION REPRESENTATIVES AND CONTRACTOR REPRESENTATIVES.
- -CREATE AN ACCOUNT AT <u>WWW.WELLMARK.COM</u> TO VIEW AND PRINT EXPLANATION OF BENEFITS.

#### **ELIGIBILITY RULES**

All Employees working for a contributing Employer or Employers within the jurisdiction of the Fund shall be eligible to receive benefits after meeting the following eligibility requirements.

Eligibility is based on Contribution Quarters / Benefit Quarters as follows:

Contribution Quarters	Benefit Quarters
Work Performed During	Determines Eligibility For
Dec Jan Feb	May Jun Jul
Mar Apr May	Aug Sep Oct
Jun Jul Aug	Nov Dec Jan
Sep Oct Nov	Feb Mar Apr

#### **Initial Eligibility**

You will become initially eligible for benefits under the Plan on the first day of the month after you have worked for which contributions were reported from a contributing Employer or Employers for at least 600 hours worked within a consecutive 12 month period. (You will be eligible for at least one full quarter plus any partial quarter from your initial eligibility date).

# **Continuation Of Eligibility For Active Employees**

# **Employer Contributions**

After becoming initially eligible, you continue to be eligible as long as you are working for a contributing Employer or Employers and those Employers make contributions to the Fund on your behalf for at least 375 hours in each Contribution Quarter as defined above. The quarterly hour requirement may be changed by the Trustees to represent the actual average expense for operating the Plan.

# Reserve Accumulation Account ("Hour Bank")

When you work more than the number of hours required by these Rules for eligibility, those excess hours are credited to your Reserve Accumulation Account or "Hour Bank" and are used to continue your eligibility if you do not have enough normal contributions at a later date. Reserve hours credited to the Employee each Contribution Quarter are automatically used if necessary to continue your eligibility. You earn credit for "excess" hours, if any, immediately beginning on the date you are initially eligible in this Plan.

You may accumulate "excess" hours to your "Hour Bank" for a maximum equivalent of two quarters of continued eligibility (750 hours for work performed starting with the June 2005 contribution quarter). Accumulated hours will be adjusted based on any change to the Employer Contribution rate.

The Reserve Accumulation Account or "Hour Bank" is calculated separately for each Employee, but it is not a savings account that the Employee "owns" or that he can withdraw cash from. Excess hours accumulated to the Hour Bank will be applied only to maintain the Employee's eligibility for coverage in this Plan.

Your Reserve Accumulation Account or "Hour Bank" may not be used if you are not available for work at Covered Employment in the Industry with an Employer who participates in this Fund or if the Local Union in which you are a member withdraws from participation in this Fund.

An individual Participant may remain eligible under this Plan when not available for work as a Laborer at Covered Employment because of a change in their Union affiliation. A Participant must submit written notification of the change in work status and satisfy each of the following requirements to remain eligible:

- 1. The participant continues to work for the same employer,
- 2. Contributions are made to another Multiemployer Fund,
- 3. The hours worked and the monthly contributions to the other Fund are available so the Fund Administrator can verify continuity of employment, and
- The maximum extension of the "Hour Bank" or Selfpayment period is limited to the earlier of two Quarters (6 months) or the satisfaction of the new Plan's initial eligibility requirement.

# **Self-Payment of Contributions**

After becoming initially eligible, you may be allowed to make self-payments of contributions if you are in danger of losing eligibility due to a period of unemployment. To be eligible to make self-payments, you must be available for work at covered employment in the Industry with an Employer who participates in this Fund.

Your self-payment is equal to 375 hours times the hourly rate in effect for contributing Employers. The self-payment hours requirement is reduced by hours worked in the most recent Contribution Quarter, if any. Failure to make the self-payment to supplement the remainder of your "Hour Bank" will forfeit the "Hour Bank" balance and you will have to meet the Initial Eligibility requirements to reinstate coverage.

If you choose self-payment of contributions, you can extend eligibility for three (3) quarters under the rules. You will not be entitled to COBRA continuation at the end of the self-payment period.

Self-payments must be received at the Fund Office by the date shown on the Termination Notice. All Notices are sent by mail to the last known address on file at the Fund Office, so it is important that any address changes are reported immediately.

Eligibility by means of self-payment can be continued for a maximum of 3 successive Benefit Quarters. For the purposes of this Rule, a self-payment made to supplement an amount remaining in your "Hour Bank" will be considered your first self-payment.

You must make self-payments of contributions for consecutive Benefit Quarters so that your eligibility is continuous. After making 3 consecutive self-payments you will have to meet the Initial Eligibility requirements to reinstate coverage.

# **Continuation Of Coverage During Disability**

If you become totally disabled while you are eligible in this Plan, your eligibility may be continued without the use of your Reserve Accumulation Account.

#### COBRA CONTINUATION COVERAGE

On January 1, 1987, this Plan became subject to a Federal Law known as "Continuation of Benefits Requirements Act" (COBRA) which requires the Trustees to offer you and your eligible Dependents the opportunity for a temporary extension of health coverage (called "continuation coverage") in certain instances where coverage in the Plan would otherwise end. The COBRA regulations establish minimum time periods and conditions for the right to continue coverage; it does not change the Eligibility Rules approved by the Trustees in cases where the Rules are equal or better than the COBRA requirements.

# Iowa Laborers District Council Health and Welfare Trust Fund



# **IOWA LABORERS**

# Simple Summary Schedule and Eligibility Requirements

# March 2018

NOTICE: The group health plan provided by the lowa Laborers District Council Health and Welfare Trust was in effect on March 23, 2010 and is being categorized as a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted and does not have to include certain consumer protections that apply to non-grandfathered health plans, such as the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits. Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the plan administrator at lowa Laborers District Council Health and Welfare Trust c/o BMGI, Inc. (319) 365-2810. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 www.dol.gov/ebsa/healthreform. This website has a table

www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

# If You Move, Notify The Fund Office Immediately!

Most information about your plan is sent to you by mail. For you to receive this information, we must have a correct address on file at the Fund Office at all times.

If you move, it's up to you to let us know your new address. Failure to do so may jeopardize your eligibility or benefits because we have no way to contact you about any changes in the eligibility rules or improvements in benefits.

So don't lose out! **Remember:** the responsibility for letting the Fund Office know your new address is yours.

#### **Board of Trustees**

Iowa Laborers District Council Health and Welfare Trust Fund 150 1st Avenue, Suite 450 Cedar Rapids, IA 52401

You may call **Wellmark's** Customer service line at **(800) 524-9242** if you have questions regarding the benefits of their network.

You may call **Sav-RX's** Customer service line at **(800) 228-3108 and identify your group "IALABOR"** if you have questions regarding your prescription drug benefits.

You may call **Delta Dental of Illinois**' Customer service line at **(800) 323-1743** if you have questions regarding your dental benefits.

You may call **Benefits Management Group, Inc.** at its Customer service line at **(319) 365-2810** if you have questions regarding your dental, vision or death benefits.

Questions about eligibility should be addressed to the Fund Office: Toll free at (866) 280-5348.

#### **Notice**

The information contained herein is for summary purposes only. The terms of the Agreement and Declaration of Trust and amendments thereto shall be the actual governing document of the Fund. Any discrepancies between this document and the Trust document shall be governed by the Trust document.

#### **SCHEDULE OF BENEFITS**

# CLASS A: JOURNEYMAN LABORER Active Employees and Dependents

(CLASS B: PROBATIONARY/TRAINEE LABORER Benefits are Essentially the Same for Employees Coverage Only)

Death Benefits Employee Only (under age 70)\$10	,000
Accidental Death / Dismemberment Benefits Principal Sum Employee Only	,000

# **Comprehensive Major Medical Expense Benefits**

Comprehensive Major Medical Expense Benefits cover most types of health care services and supplies eligible for benefits from this Plan. See "Treatments With Special Limitations".

In-Network – PPO Providers - Wellmark	
Deductible Amount:	
Each Individual	\$250 per Calendar Year
Maximum per Family	\$750 per Calendar Year
PPO Doctors (You Pay)	\$20 per visit
7 - 0 - 0 - 0 - 0 - 0 - 0 - 0 - 0 - 0 -	

PPO Providers reinibursed at907	/0
Maximum out of Pocket	
(Expenses in Excess of the Deductible Amount)	
Each Individual\$3,00	0
Maximum per Family\$6,00	0

QQ0/.

# Out-of-Network Providers

DDO Providers reimburged at

Ded	ucti	ble	Amo	unt:

Each Individual	\$250 per Calendar Year
Maximum per Family	\$750 per Calendar Year

#### Maximum out of Pocket

(Expenses in Excess of the Deductible Amount)	
Each Individual	\$4,000
Maximum per Family	\$8,000
Reimburse providers at	80%

### **Treatment With Special Limitations**

Routine Exam / Wellness Benefit per Calendar Year Physical Exams and related services \$250 per p Well Child Care\$500 per	erson
Chiropractic Expense Benefits - Deductible Applie Co-payment Rate	80% er Visit r Year
Prescription Drugs Sav-RX Card  Co-pay Generic greater of \$10 o Brand Name	<b>/ment</b> r 10% r 20%
Alcoholism or Substance Abuse and Mental and Nervous Disorders Deductible Amount per Person	. \$250
Co-payment Rates In-patient Treatment Out-patient Treatment Co-payment Limit	50%
Hearing Aid Benefit Plan Pays Once per three (3) Year F (*higher benefit available through Amplifon Network Prov	Period
Vision Benefit Employee or Spouse\$200 Benefit payable once in a two calendar year p Dependent Child\$150 Benefit payable once every calendar year p	period each
Short Term Disability Short Term Disability Benefit of \$300 for a maximum of weeks for non work related injury. This Short Term Disability	

Short Term Disability Benefit of \$300 for a maximum of 15 weeks for non work related injury. This Short Term Disability Benefit includes 25 hours per week added to your Hour Bank.

# **Dental Care Benefits (Delta Dental of Illinois)**

Delta Dental PPO Network Dentist:  Annual Deductible \$0 per person Preventative and Diagnostic Services Plan Pays 100% Basic and Restorative Services Co-payment Plan Pays 85% Co-payment Participant Pays 15% Major and Prosthodontic Services Co-payment Plan Pays 50% Co-payment Pays 50% Co-payment Pays 50% Maximum Amount Payable (Aggregate of All Dental Care Benefits) \$1,700 per Person, per Benefit Year*
Delta Dental Premier Dentist:  Annual Deductible
Out of Network Dentist:  Annual Deductible
Co-payment

(\*adult limitations shown)

\$2.000 Lifetime\*

# HIRING HALL PROCEDURE

# Effective April 2, 2016 Updated August 1, 2019

# I General.

- A. Laborers Local Union No. 177 (hereafter the "Union") shall maintain an efficient system for providing an orderly procedure of referral of journeyperson applicants for employment in the Trade. The Trade as referenced herein, shall mean all work within the craft jurisdiction of the Union as encompassed in its collective bargaining agreements.
- **B.** A copy of these rules will be made available for inspection during business hours by any bargaining unit member.
- C. Upon request, any individual will be shown his/her relative position on the out-of-work list.

# II. Registration.

- A. All journeymen registering for active employment shall set forth their name, address, telephone number and complete a skills card, as well as, any relevant licenses or certifications the applicant maintains. Blank applicant referral forms will be available at the Union's referral office. The Union will complete an out-of-work list consisting of the journeymen and apprentices who have registered their availability for referral.
- **B.** Registration for referral will be accepted only from qualified journeyperson laborers who have had actual working experience in the Trade.
- **C.** Initial registration can be done in person or done by phone. Placement on the list is by registration date not layoff or termination date.
- **D.** All applicants shall fill out the appropriate Skills Card before signing the referral list. Each section of the Skills Card Contract(s), Location(s), and work skills possessed must be completed by each applicant. If a Skills Card is not completed or is incomplete a Skills Card will be filled out by the Union on behalf of the applicant in the following manner: all counties checked; all contracts checked; and the skill "Basic Laborer" checked.
- **E**. Individuals who wish to register for referral may be required to submit proof of their experience, qualifications, and special skills through employment records, affidavits, and certifications or otherwise.
- F. Upon registration, applicants will designate themselves as available for referral within a geographic region. Once an applicant has classified him or herself, all penalties regarding refusals and unavailability, for any job in a selected region, will apply. The Union will be operating by regions specified by Employer(s) needs and areas filled out on the skills card. In

the event that the Union, trying to fill an Employer's request, has exhausted all possible applicants for referral from that region's list and still requires more workers, the office may move on to the next, closest list. However, applicants who refuse such referrals or are unavailable under these circumstances will not be penalized. Any member from the referral list that has not accepted any calls for referral in 6 months will be removed. Any member from the referral list that has a non-working number will be removed.

### III. Referral.

- A. Except as specifically provided for in the paragraphs below, the Union shall refer applicants to an employer upon the employers request by first referring applicants from the A list, in order of the dates they register their availability for employment, then from the B List, in order of the dates these applicants register, then from the C List, in order of the dates these applicants register, and then from the D List in the order of the dates these applicants register.
- **B.** All referrals, based on hours worked, within the A, B, C and D classification, shall move a maximum of one group per calendar year effective January 1 of the preceding year. The referral must continue to have worked the minimum hours in their classification or he will be moved to the appropriate list January 1 of the preceding year. Referrals who are off due to illness for a minimum of two (2) weeks with a doctor's statement will remain on the current out-of-work list.
- C. If a registrant, referred for employment in regular order, refuses or is unavailable for three (3) consecutive referrals, his or her name shall be placed at the bottom of the list unless the applicant has given the Local Union notice in writing of unavailability for a period not to exceed thirty (30) days. Such period may be extended where an individual establishes they are unavailable for work resulting from an on-the-job injury covered by an applicable workers compensation statute.
- **D.** Referral of applicants in the Union's jurisdiction will be made by telephone. All members will be required to have an active phone number listed with the Local Union office in order to be referred to work. Referral to projects will be between the hours of 6:00 a.m. to 9:00 a.m. and 2:00 p.m. to 5:00 p.m. or as the contractor's request. Emergency referrals made outside the designated dispatch hours would also be made in order; however, applicants who are unavailable or refuse such referrals will not be penalized.
- E. The name of the registrant so dispatched shall be stricken from the list if the job to which the registrant is dispatched lasts long enough for the dispatched registrant to receive three (3) days' pay at straight time if employed.

The short term referral provisions herein are inapplicable and the applicant will be removed from the out of work list if the applicant takes any action within the first five (5) days

of employment designed to manipulate this provision of the Job Rules, such as voluntarily quitting or requesting to be laid off or discharged from a job to which he or she is referred.

- **F.** An employer may request employees possessing special skills and abilities, in which case the Union shall refer the first applicant on the list who possesses such special skills and abilities.
- **G.** Employers may request former employees for referral to a job or project, and the Union shall refer said former employees to the job or project provided they are properly registered applicants, are available for work at the time of request, and have been employed by the requesting Employer under the terms of this or previous agreements in the geographical area of the Union.
- **H.** Selection of applicants for referral to jobs shall be on a non-discriminatory basis and shall not be based on or in any way affected by union membership, by-laws, rules, regulations, constitutional provision or by any other aspect of obligation of union membership, policies or obligations.

#### IV. Placement on List.

The Union shall maintain a register of applicants for employment established on the basis of the groups listed below. Each applicant for employment shall be registered in the highest priority group for which he/she is qualified. Apprentices shall be referred under a separate out-of-work list.

# Group A

All journeymen laborers who have, in the immediately preceding two calendar years, been employed for at least one thousand (1000) hours as a journeyperson laborer for a contractor signatory to a collective bargaining agreement with the Union.

# Group A-1

All apprentices registered with a qualified apprenticeship program shall be on the A-1 list. Qualified apprenticeship programs shall include the following: Laborers Local Union No. 177 Training and Education Fund; and/or the Iowa Laborers' Education Training Fund.

# Group B

All journeymen laborers who have, in the immediately preceding two calendar years, been employed for at least Seven Hundred Fifty (750) hours as a journeyperson laborer for a contractor signatory to a collective bargaining agreement with the Union.

# Group C

All journeymen laborers who have, in the immediately preceding two calendar years, been employed for at least five hundred (500) hours as a journeyperson laborer for a contractor signatory to a collective bargaining agreement with the Union.

# Group D

All other applicants for employment, in order of their registration, who are available for employment as journeyperson laborers.





LiUNA! Midwest Region partners exclusively with Liberty Mutual to help you save \$782 or more a year on auto and home insurance.

# Enjoy the benefits of being part of a community.

You could **save up to \$782 a year**, and you'll have access to all the advantages of being a Liberty Mutual customer:



### 24-Hour Claims Assistance

Online or by phone



# Accident Forgiveness<sup>2</sup>

No premium increase due to an initial accident



# Better Car Replacement™3

If your car is totaled, we'll give you the money for a model that is one year newer.



# 24-Hour Roadside Assistance<sup>4</sup>

Real help when you need it





# Contact me for a free quote.

Raymond Eberle, LUTCF 7714 N. Grand Prairie Drive Peoria, IL 61615 866-469-1282 EXT 55352 Raymond.eberle@libertymutual.com Client # 124797

Active Duty and Reserved members of the U.S. Armed Forces may be eligible for an additional discount on their auto insurance in select states.<sup>5</sup>

Visit www.midwestlaborers.org/health-safety/benefits-plus for more information

Average combined annual savings based on countrywide survey of new customers from 1/1/15 to 1/29/16 who reported their prior insurers' premiums when they switched to Liberty Mutual. Savings comparison does not apply in MA. <sup>2</sup>For qualifying customers only. Accident Forgiveness is subject to terms and conditions of Liberty Mutual's underwriting guidelines. Not available in CA and may vary by state. <sup>3</sup>Optional coverage in some states. Availability varies by state. Eligibility rules apply. <sup>4</sup>With the purchase of optional Towing & Labor coverage. Applies to mechanical breakdowns and disablements only. Towing related to accidents would be covered under your Collision or Other Than Collision coverage. <sup>3</sup>Discounts and savings are available where state laws and regulations allow, and may vary by state.

Coverage provided and underwritten by Liberty Mutual Insurance and its affiliates, 175 Berkeley Street, Boston MA 02116.





# YOUR HEARING HEALTH CARE PROGRAM FOR LIFE

Brought to you by LiUNA Midwest Region



# CUSTOM HEARING SOLUTIONS

We find the solution that best fits your lifestyle and your budget from one of our 10 brands.



# RISK-FREE 60-DAY TRIAL

100% money-back guarantee if not completely satisfied. No restocking or return fees.



# CONTINUOUS CARE

1-year free follow-up care, 2 years free batteries, and a 3-year warranty.



# HEARING AID LOW-PRICE GUARANTEE"

If you find the same product at a lower price, bring us the local quote and we'll not only match it, we'll beat it by 5%.

# **ACCESSING YOUR DISCOUNT**

IS AS EASY AS...



Call Amplifon at 1-888-408-5943 and we'll find a provider near you



We'll explain the Amplifon process and help you schedule an appointment

(3)

We'll send information to you and the provider, ensuring your discount is activated

www.amplifonusa.com/mrliuna

# ADDITIONAL MONEY-SAVING OFFER!\* CALLTODAY:1-888-408-5943

\*Savings on top of our already discounted pricing. Please bring this offer with you to your appointment. \$50

off one hearing aid

OR | \$12

off two hearing aids

Amplifon offers a price match on most hearing devices. Some exclusions apply. Not available where prohibited by law. Visit amplifonusa.com or call for more details.

- \*Some exclusions apply. Limited to one-time claim for loss and damage. Deductibles may apply.
- \*\*Amplifon offers a price match on most hearing devices. Some exclusions apply. Not available where prohibited by law. Visit amplifonusa.com or call for more details.

Hearing services are administered by Amplifon Hearing Health Care, Corp. Amplifon Hearing Health Care is solely responsible for the administration of hearing health care services, and its own financial and contractual obligations. LiUNA Midwest Region and Amplifon are independent, unaffiliated companies.

©2018 Amplifon Hearing Health Care, Corp. | 3264MISC/mrliuna





# community state bank

At CSB, we believe that banking should be simple, so we offer products and services that fit your lifestyle and make it easy to manage your finances. Make the most of the special privileges of your membership and the convenience of a one-stop financial resource. Experience the responsiveness and personal service of a local bank committed to serving you ... Community State Bank.

# CSB Membership Checking<sup>1</sup>

\$100 minimum deposit

\$100 direct deposit incentive<sup>2</sup>

No minimum balance to maintain

Monthly Cash Rewards

\$2 monthly reward if debit card purchases total \$300-\$1000

\$5 monthly reward if debit card purchases exceed \$1,000

\$2 monthly reward if maintaining \$15,000 balance in a personal money market and/or savings account

Free first order of checks<sup>3</sup>

Free debit card

Free online banking and unlimited Bill Pay<sup>4</sup>

Paper statements \$2.95 monthly fee (waived with eStatements)

\$5 service charge can be waived if two of four of these are used per statement cycle:

- 2 Bill Pay Transactions
- 1 Direct Deposit
- 1 ACH Debit
- 1 Consumer Loan

Up to \$5 ATM fees refunded if 12 or more debit card purchases are made per statement cycle

# **Home Equity Lending**

Competitive rates and no closing costs on a Home Equity Line of Credit or home equity loan.5

# Mortgage Lending with Competitive Rates<sup>5</sup>

\$500 mortgage origination discount

Flexible mortgage options with local service

Contact us at (515) 331-3100. For additional information and a map of our convenient metro locations. visit us online at www.bankcsb.com.

- 1 Please note you will be asked to present your membership card at time of account opening.
- 2 \$100 incentive will be credited to your account after your direct deposit posts to your new account. Direct deposit must post to account within 90 days of opening to receive incentive.
- 3 CSB specialty checks.
- 4 After the first 90 days, customers who register for bill pay but are inactive for any month will be assessed an inactivity fee of \$5 per month.
- 5 Appraisal fees not included. Rates subject to change.



Member FDIC.



817 N. Ankeny Boulevard Ankeny, IA 50023 1640 S.W. White Birch Circle Ankeny, IA 50023 902 S.E. Oralabor Road Ankeny, IA 50021

200 8th Street S.E. Altoona, IA 50009

1401 E. Euclid Avenue Des Moines, IA 50316 3540 E. 33rd Street Des Moines, IA 50317

4811 S.E. 14th Street Des Moines, IA 50320 6175 Merle Hay Road Johnston, IA 50131 1025 N. Hickory Boulevard Pleasant Hill, IA 50327

460 SE University Ave. Waukee, IA 50263 Community State Bank\*
Mailing Address: PO Box 127, Ankeny, IA 50021

Customer Care (515) 331-3100 www.bankcsb.com

# QUAD CITY BANK & TRUST LOCATIONS - Davenport | Moline | Bettendorf\*

4500 N. Brady Street Davenport, IA 52806 563.388.4780 3551 7th Street Moline, IL 61265 309.736.3580 2118 Middle Road Bettendorf, IA 52722 563.344.0600

5405 Utica Ridge Road Davenport, IA 52807 563.459.0100

1700 Division Street Davenport, IA 52804 563.323.5960

https://www.qcbt.com/

# CEDAR RAPIDS BANK & TRUST LOCATIONS - Cedar Rapids\*

500 1st Ave NE Cedar Rapids, IA 52401 319.862.2728 5400 Council Street NE Cedar Rapids, IA 52402 319.743.3555

https://www.crbt.com/

# COMMUNITY BANK & TRUST LOCATIONS - Waterloo | Cedar Falls\*

422 Commercial St. Waterloo, IA 50701 319.291.2000 11 Tower Park Drive Waterloo, IA 50701 319.235.6709 312 W. 1st Street Cedar Falls, IA 50613 319.273.8917

https://www.communitybt.com/

# ROCKFORD BANK & TRUST LOCATIONS - Rockford, IL\*

308 W. State St., Suite 100 Rockford, IL 61101 815.961.9383 4571 Guilford Road Rockford, IL 61107 815.489.2114

https://www.rkfdbank.com

# M2 Lease Funds - Brookfield, WI\*

175 N. Patrick Blvd, Suite 140 Brookfield, WI 53045 262.789.6670 http://m2lease.com/

\*All banks and companies are separate QCR Holdings, Inc. subsidiaries. Products and terms may vary by bank.



# FEELING BETTER SHOULD BE EASY.

Visit a doctor on your smartphone, tablet or computer from virtually anywhere.



# GETTING STARTED IS EASY.

- 1 Download the Doctor on Demand app or visit DoctorOnDemand.com.
- 2 Have your Wellmark member ID card ready.
- 3 Create an account or sign in.
- Doctor On Demand physicians do not prescribe Schedule I-IV DEA Controlled Substances and may elect not to treat or prescribe other medications based on what is clinically appropriate.)
- <sup>2</sup> Services performed by psychologists are available for some plans. Psychiatry is not covered. For more information, ask your benefits administrator or call Wellmark at the number on your ID card.

# **SEE A DOCTOR IN MINUTES**

Getting sick is bad enough without having to get out of bed, go to the doctor and sit in a waiting room with other sick people. With Doctor on Demand, you and your family members can see a board-certified doctor in minutes who can treat the most common medical conditions and prescribe medication if needed.<sup>1</sup>



# **Get treatment for:**

- Cold and flu
- Bronchitis and sinus infections
- Urinary tract infections
- Sore throats
- Allergies
- Fever
- Headache
- Pink eye
- Skin condition
- Mental health issues (including anxiety, depression, relationship issues, grief, eating disorders, smoking cessation or alcohol dependence)<sup>2</sup>

Questions? Call 800-997-6196.





# Go Mobile

# Manage your health plan using the Wellmark app

# UNDERSTANDING YOUR HEALTH CARE BENEFITS HAS NEVER BEEN EASIER OR MORE CONVENIENT.

The Wellmark app gives you mobile access to your favorite myWellmark tools on your smartphone.

# MANAGE YOUR HEALTH PLAN ON THE GO WITH THESE HELPFUL TOOLS:



#### **MY CLAIMS**

Check the status of your claims.

#### **MY FLEX**

See both medical and dependent flex spending balances.<sup>1</sup>



# **MY BENEFITS**

View your benefit information, such as copayments, deductibles and out-of-pocket maximums.



# ASK A QUESTION

Ask Customer Service a question.



### **WELLNESS SERVICES**

Research health topics and monitor your progress with health trackers.<sup>2</sup>



### **MOBILE ID CARD**

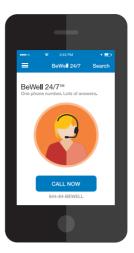
View your ID card and email a PDF to your provider.

<sup>&</sup>lt;sup>1</sup>This information only displays if you have a flex spending account.

<sup>&</sup>lt;sup>2</sup>This information only displays if you have wellness services as part of your plan.







# Get the care you need, when you need it.

Besides finding important information about your health plan benefits, the Wellmark mobile app can help you get the care you need.



**View doctors and hospitals** within the Wellmark health plan network.



**Share doctor, dentist, or facility information** by text or email, or save to your favorites for easy access in the future.



**Get health answers** over the phone with one tap on the phone's screen.



**Connect directly** to your provider's office or to a health professional.



Find the closest doctor or facility using GPS technology.



View a map or get driving directions to your doctor or hospital.



# Register today!

- Download the Wellmark mobile app from any of the app stores, or you can visit Wellmark.com/GoMobile.
- Open the app and select myWellmark.
  - Log in using your myWellmark user ID and password. If you are not currently registered for myWellmark, simply create your myWellmark account using your Wellmark member ID, found on your ID card.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意:如果您说普通话,我们可免费为您提供语言协助服务。请拨打800-524-9242或(听障专线:888-781-4262)。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



Wellmark Blue Cross and Blue Shield is an independent licensee of the Blue Cross and Blue Shield Association.

Blue Cross®, Blue Shield® and the Cross® and Shield® symbols, are registered marks of the Blue Cross and Blue Shield Association, an Association of Independent Blue Cross and Blue Shield Plans. Wellmark® is a registered mark and BeWell 24/75M is a service mark of Wellmark, Inc.





Just by being a Wellmark member, you have access to Blue365. When you sign up, you get exclusive discounts for wellness products and services you use every day.

# Savings are just a click away

**Register for Blue365 at Wellmark.com/Blue365.** It's free and you can start saving right away. Browse the discounts and be the first to know about the latest deals to hit Blue365 through a weekly email sent right to your inbox.

Wondering what types of deals are available? Here are just a few ways you can save money while meeting your health and personal goals:



**APPAREL AND FOOTWEAR.** Save up to 20 percent on Reebok® shoes or 30 percent on Skechers®.



**FITNESS.** Get access to a network of gyms near you for just \$29 per month or track your health with discounted wearables from FitBit®, Garmin® and Polar®.



**HEARING AND VISION.** Save an average of \$1,100 on LASIK eye surgery. Or, get eyeglass frames and hearing aids at a discounted rate.



**HOME AND FAMILY.** Switch to Sprint and get up to a \$200 pre-paid gift card. Or, make sure your pet's health is covered with 10 percent off pet insurance.



**NUTRITION.** Eat well for less with a free 3-month Jenny Craig® membership.



**TRAVEL.** Travel for less with an extra 10 percent off hotels through Hotels.com<sup>™</sup> and 20 percent off Fairmont Hotels and Resorts.

Visit Wellmark.com/Blue365 for a full list of deals and discounts available to you.



# **Wellmark members get more**

Blue365 isn't the only way you get more for being a Wellmark member. As part of your health plan, you also have access to products and services like:

- myWellmark® your one-stopshop for tools and resources to help you get the most out of your health care.
- **BeWell 24/7sm** get connected with a real person who can help you with a variety of health-related concerns. Just call 844-84-BEWELL (239355).
- Doctor On Demand® see

   a board-certified doctor from
   virtually anywhere using a
   smartphone, tablet or computer.



# Register for Blue365 today!

Go to Wellmark.com/Blue365. All you need to register is a valid email address and the first three characters of your Wellmark ID number.

Blue 365 is a discount program available to members who have medical coverage with Wellmark. This is not insurance.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意:如果您说普通话,我们可免费为您提供语言协助服务。请拨打800-524-9242或(听障专线:888-781-4262)。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



Wellmark Blue Cross and Blue Shield of Iowa, Wellmark Health Plan of Iowa, Inc., Wellmark Value Health Plan, Inc. and Wellmark Blue Cross and Blue Shield of South Dakota are independent licensees of the Blue Cross and Blue Shield Association.

Blue Cross®, Blue Shield® and the Cross® and Shield® symbols and Blue365® are registered marks of the Blue Cross and Blue Shield Association, an Association of Independent Blue Cross and Blue Shield Plans. Wellmark® and myWellmark® are registered marks and BeWell 24/7sм is a service mark of Wellmark, Inc.

Doctor On Demand is a separate company providing an online telehealth solution for Wellmark members. Doctor On Demand® is a registered mark of Doctor On Demand, Inc.

Reebok® is a registered mark of Reebok International Limited. Skechers® registered mark of of Skechers U.S.A., Inc. is Fitbit® is a registered mark of Fitbit, Inc. Garmin® is a registered mark of Garmin Ltd. Polar® is a registered mark of Polar. Sprint is a trademark of Sprint. Jenny Craig® is a regestered trademark.

Hotels.com™ is a trademark of Hotels.com L.P. © 2019 Wellmark. Inc.

In these unpredictable times...

# MAP IS HERE FOR YOU!

**Member Assistance Program** 

Get help dealing with:

- Substance Abuse
- Anxiety & Depression
- Relationship & Family Conflict
- Divorce & Custody
- ...and much more!

NO COST TO YOU

CONFIDENTIAL

**AVAILABLE 24/7** 

ERS EAP
An AllOne Health Company

Connecting is easy. Call us at 800.292.2780 or visit www.ers-eap.com to complete an intake form!



# **WORK/LIFE RESOURCES**

Free resources to improve your life!

# **RESOURCES INCLUDE:**

- Budgeting & Finances
- Household Errands
- Adoption/Elder Care
- Estate Planning
- Shopping Discounts
- Health & Lifestyle Assessments







Get started at www.ers-eap.com and click on "My Life Expert." First time visiting? Call the MAP for your code! 800.292.2780